



## **Lacordaire Academy Campus Ministry**

Spiritual Formation, Masses, Retreats  
Service Project  
Information

**Grounded in Dominican spirituality, the Campus Ministry Team seeks to grow the Christian identity of LACORDAIRE ACADEMY rooted in Catholic Tradition, all for the sake of VERITAS (the truth of God's mercy and love). We recognize that LACORDAIRE ACADEMY is a diverse community and are committed to cultivating each individual's unique journey towards God.**

**The Campus Ministry Team is led by Preachers, along with select students, who are mentored and advised by devoted faculty and administration. This group is committed to supporting Catholic values in and through the LACORDAIRE ACADEMY community.**

**We are dedicated to providing faith filled, joyful, liturgical worship where all are welcome. We are committed to peace and justice based on Catholic social teaching and so encourage our community members - students, faculty, staff, and families - to seek out service learning opportunities, which demonstrate Gospel values and enhance their relationship with God, humanity, and creation. We serve as role models, mentors, and teachers in Christian formation and we recognize that our ability to minister is only as effective as our commitment to our *own* spiritual journey.**

**2015-2016**

**LACORDAIRE ACADEMY**, established in 1920 by the Sisters of Saint Dominic of Caldwell, is a Catholic, college preparatory school for young women. We are dedicated to the education of young women from a variety of ethnic, religious, and economic backgrounds. Our community is committed to seeking the Truth in all aspects of life. The students are able to realize their individual gifts and talents in an atmosphere that fosters academic excellence, respect for diversity, appreciation for the gifts of creation, moral integrity, and a heritage rich in Christ-centered values.

**Religious Tradition-Roman Catholicism:**

- Humans live with the hope that life has ultimate and lasting meaning beyond the concerns and struggles, the joys and satisfactions of each day. Catholics find that meaning and hope in Jesus Christ, whom God the Father has sent into the world for the salvation of all peoples.
- God continues to be present in His Church as the Gospel (Good News) of His Son, Jesus Christ, is proclaimed and received by members through the life-giving power of the Holy Spirit.
- God continues to be present in His Church as members are brought together by the Holy Spirit to celebrate the Seven Sacraments, most especially the Eucharist.
- God continues to be present in the Church as members strive to live according to the example and teaching of Jesus Christ.
- God continues to be present in the Church as members contemplate the great things God has done through His Son, Jesus Christ, by the power of the Holy Spirit for the salvation of all people.
- The Church is a community of human beings who are still subject to sin, and with humility the Church is a place where people can meet with the living God. The Church's existence for two thousand years demonstrates the unceasing mercy and love of God in maintaining His Church in His grace as a faithful and repentant community of Believers. In a world of passing fads and transitory ambitions, the Church offers the substance of the wisdom of the Gospel and the growing understanding of it through two millennia. The Church offers the possibility of enriching the present moment with the gifts of a tradition rooted in God's self-revelation and with the hope and meaning for human life that come from God himself. In a world torn by war and injustice, the Roman Catholic Church celebrates the death and Resurrection of Jesus Christ, the gift of Himself made eternally present and effective, to make all peoples one with Him as head of a reconciled and healed community. In a world of violence against human life, the Church mightily defends life by her works of justice and charity as well as by her advocacy for the protection of all human life.---excerpted from the *United States Catholic Catechism for Adults*

**Roman Catholic Sacraments:** For the Roman Catholic, the sacraments point us toward God and holiness. Sacraments build up the body of Christ, and are a means of worship to God and as an outward sign of inner grace received from God, they also serve to teach the community about spiritual formation in the Catholic Tradition. There are seven sacraments in the Roman Catholic Church:

Baptism,  
Eucharist (Communion)  
Confirmation,  
Penance (Confession)  
Matrimony,  
Holy Orders (Ordination), and  
Anointing of the Sick.

**Our Dominican Heritage:** We are part of over 27,000 Dominican religious found in over 100 countries around the world. Founded by St. Dominic 800 years ago, our Order is a global community of preachers, educators, and scholars.

Caldwell Dominicans became an independent congregation in 1881. Our formal name is “*the Sisters of Saint Dominic of the American Congregation of the Sacred Heart of Jesus.*” Each Dominican congregation of Sisters has a patron saint or title. For that reason, the Caldwell Dominican’s congregational shield has the red section added to the traditional black and white Dominican shield.

**Dominican Sisters in New Jersey\*:** In 1872 a request came from Jersey City, for sisters from the Manhattan Foundation. Father Kraus, pastor of St. Boniface, had a large German population and wished to open a school. Father Kraus desired the Jersey City sisters to be an independent foundation from the New York group and in 1881, Bishop Wigger of Newark granted his request. Mother Mary Catharine Muth became the Prioress of what was then called The Sisters of St. Dominic of Jersey City. In a few short years Sister Catharine Muth and the congregation in Jersey City would traverse further west over the mountain to Caldwell.

\*Sourced, excerpts from Sister Peggy Ann Clinton, OP, July 2003 from her research: *Saint Dominic* by Simon Tugwell, OP and *Women After His Own Heart* by Sister Lois Curry, OP. Both books available in the Religious Studies Office of the Caldwell Dominicans.

**What We Believe—The Dominican Motto:** The motto of the Dominican Order is *Veritas* or Truth, and *Caritas* or the need for human compassion and mercy. There are *Four Pillars* in Dominican spirituality that saturate our lives: prayer, study, community and mission.

**Prayer** is the heart. Whether private or public, prayer is a dialogue. At Lacordaire, we communally pray daily as well as during regular and special liturgies.

**Study** is an ongoing process. The eminent Dominican theologian, Thomas Aquinas, is an example of scholarship and the constant questioning in search of Truth. At LACORDAIRE, we are a community of learners who challenge each other in the pursuit of academic excellence.

**Community** helps make the individual journey easier. We build community by sharing our talents and gifts with each other in the classroom, our liturgies, outreach to those in need, in our student organizations, on our athletic teams, performing arts groups and at social events.

**Mission** is the call to serve others. Students learn that they have a responsibility to lend a helping hand to serve and do so through the Project Justice program.

At LACORDAIRE ACADEMY students pursue the Catholic faith and Tradition. Students are encouraged to get involved in Campus Ministry activities to learn from one another, make a positive impact on the world, and to embark on their spiritual journey in community. Ministry groups range from small group activities to larger group meetings, to off-campus service projects and conferences. Students have the freedom to explore the Christian faith in new and exciting ways.

**Mass and Prayer:** We celebrate Mass (also known as liturgy or service) as a school community often. Students are encouraged to become Eucharistic Ministers, altar servers, and lectors. Students should participate in the Wednesday lunchtime prayer services in our Upper School chapel. Opportunities are available to help plan and preach during Masses throughout the school year for various occasions.

**Liturgies are formal occasions and require that all students be in clean, proper dress code uniforms.**

A Roman Catholic Mass is different from the services of other religious groups in practice and belief. **Every Mass location becomes a sacred space. Whether Catholic or non-Catholic, students should enter the Church or Gymnasium with reverence and respect, NOT engaged in conversation.** There is a specific order of events during the liturgy as prescribed by the Roman Missal:

## **INTRODUCTORY RITES**

A Catholic Mass starts with the processional of the priest toward the sanctuary of the church and the congregation **stands**. After the entrance procession, there is often a gathering song followed by a Greeting to the assembly, the Penitential Rite (a time of reflection on one's sins and a prayer for God's mercy), concluded with the Opening Prayer.

## **LITURGY OF THE WORD**

This part of the Mass will offer Scripture readings from the following areas:

*First Reading*—A scripture reading from the Old Testament.

*Responsorial Psalm*—A Psalm selected from the Book of Psalms. The congregation interacts by offering a response (usually sung).

*Second Reading*—A scripture reading from the New Testament

*Gospel Acclamation*—**Stand** to praise Christ's presence in the sacred Word of God.

*Gospel Reading*- Taken from one of the four Gospels of either Matthew, Mark, Luke or John.

*Homily (message or sermon)*

**Sit** as speaker addresses the congregation on what has been read.

*Profession of Faith*

Usually follows the homily, either the *Nicene Creed* or *Apostles' Creed*, the people **stand** and recite together. The Nicene Creed is a statement of faith dating from the fourth century, while the Apostles' Creed is the ancient baptismal creed of the Church in Rome.

*Prayer of the Faithful or General Intercessions*

**Remain standing** for a collection of short prayers or petitions, each followed by the congregation saying, "Lord, hear our prayer" or something similar.

## **LITURGY OF THE EUCHARIST**

The Liturgy of the Eucharist, especially communion, is the most sacred part of the Mass. Catholics will **kneel** during the Eucharistic prayer, but non-Catholics may remain seated.

*Presentation of the Gifts and Preparation of the Gifts*

The bread and wine are brought to the altar. Alms/tithes also.

*Prayer Over the Gifts*

The priest may say or sing this prayer.

*Eucharistic Prayer*

At this time the congregation will **kneel**.

*Eucharistic Acclamations*

Includes the Holy, Holy - Memorial Acclamation and Great Amen. **Stand**.

*LORD's Prayer*

The reciting of the *The LORD's Prayer* (Our Father).

*The Sign of Peace*

The priest will prompt the congregation to offer each other a sign of peace. People shake hands, saying, "Peace be with you" or "God's peace to you."

*Breaking of the Bread / Lamb of God/Distribution of Communion*

People process by row to the front, receive communion standing and then return to their seats.

After returning to their places, people are encouraged to immediately sit down or kneel in silent prayer.

Non-Catholics may process to the front with arms crossed in front of chest to receive a blessing or may remain seated or kneel in prayer and meditation while communion is being distributed.

The movement of the people to the altar to receive communion is a sacred time for Catholics. Students should not engage in conversation during this period of the Mass.

### *Prayer After Communion*

## **CONCLUDING RITE**

This segment is the conclusion of the Mass and contains the final prayers and blessings. The priest will leave the church in a procession accompanied by a hymn.

### *Solemn / Final Blessing*

Given to the entire congregation.

### *Dismissal*

Given by the presider, usually by saying, "The Mass has ended. You may now go in peace."

### *Recessional*

The priest processes out of the Church during a final hymn.

## **2015-2016 Liturgy Schedule:**

Academy Opening Liturgy	Friday, September 11
Blessing of the Animals	Friday, October 2
Mass at St. Cassian	Friday, October 30
Thanksgiving Prayer Service	Tuesday, November 24
Christmas Liturgy & Pageant	Friday, December 18
Catholic Schools Week Liturgy	Friday, February 5
Ash Wednesday Prayer Service	Wednesday, February 10
Stations of the Cross	Wednesday, March 23
May Crowning	TBD
Ascension Thursday Liturgy	Thursday, May 5
Holy Communion (Motherhouse)	Saturday, May 21
Academy Closing Liturgy	Thursday, May 26
Baccalaureate Mass (Motherhouse)	Friday, June 3

**Need Prayer?** Leave prayer requests in the *Prayer Box* located in the foyer . . . all requests will be brought before the LORD at the weekly chapel service conducted by the Preachers and/or at the Blessed Sacrament during Mass.

**Service:** LACORDAIRE ACADEMY is rooted in the charism of Dominican Spirituality and the pillars of study, prayer, preaching, and community. As a way of putting these pillars into action and encountering Christ in our daily lives, we are called to serve. Service is tracked in two areas—service to the broader community and service within LACORDAIRE ACADEMY. Students are required to accrue a total of 12 hours of volunteer service hours (a maximum of four hours on campus) per school year. *Service Documentation Forms* are collected at Midterms and Finals. Forms and a list of service opportunities are available from the Religious Studies Department and Advisors.

#### **ALL SCHOOL SERVICE PROJECTS:**

September—Elder Correspondence (ongoing)  
October/November—Thanksgiving Baskets or Food Collection  
December-The Giving Tree or Sponsor A Family  
January-Winter Clothing Drive  
CSW Raffle- **Social Justice Initiative (Ghana School For Special Needs)**  
February-Pennies For Patients  
March-Expectant Mom Madness (baby goods for unwed mothers)  
April-Spring Cleanup (care for God’s creation)

#### **SERVICE OPPORTUNITIES:**

Student Tutors – Honor Roll students must speak with their advisor to take advantage of this opportunity to serve the school community during lunch and/or after school.

Angel For A Day – Upper School student builds a positive relationship with a female middle school student mentoring once per week – before school, at lunch, or after school (studies help, prayer, encouragement, etc.). Students make arrangements via Religious Studies teachers or advisor.

Staff Help – students are encouraged to speak with staff at the beginning of the school year to sign up for opportunities throughout the year.

Admissions Office	Finance Office
Advancement Office	Guidance Department
Athletic Department	Main Offices

Campus Health Facilities            Technology  
Grounds / Facilities Department (Mr. Alex)

Community Food Bank of NJ –        All School Service Project  
Friday – November 6, 2015  
8:00 a.m. to 12:30 p.m.

See Religious Studies teacher for list of additional opportunities.

***“Give us eyes to see, ears to hear,  
and hands to do the work of God.”***

~ 12<sup>th</sup> Century Dominican Blessing

**Retreats:** A Dominican education is intended to develop the “whole person” and spiritual formation is integral to this objective. With that in mind, each grade has a mandatory yearly class retreat. These retreats address a different set of topics with the goal of personal introspection, growing their faith, and helping them develop as a Catholic community through a deeper understanding of our Dominican values and mission.

Freshmen / Junior Retreat	Friday, September 25
Sophomore / Senior Retreat	Friday, October 2

## **Prayers**

### **Dominican Blessing**

May God the Creator bless us,  
May God the Redeemer heal us,  
May God the Holy Spirit enlighten us,  
Give us eyes to see, Ears to hear,  
And hands to do the work of God;  
Feet to walk the path of justice,  
And mouths to preach the Good News  
May the angel of peace watch over us  
And lead us to the reign of God.  
Amen

### **The LORD’S Prayer** (from Matt 6:9-13))

Our Father, who art in Heaven  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread  
And forgive us our trespasses,



as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.

### **Nicene Creed (Profession of Faith)**

We believe in one God,  
the Father, the Almighty,  
Maker of all that is, seen and unseen.

We believe in one Lord, [Jesus](#) Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true [God](#) from true God,  
begotten, not made, consubstantial  
of one Being with the Father.

Through him all things were made.

For us and for our salvation  
he came down from heaven:  
and by the Holy Spirit was incarnate  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the [right](#) hand of the Father.  
He [will](#) come again in [glory](#) to judge the living and the dead,  
and his kingdom [will](#) have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy [catholic](#) and apostolic Church.  
We acknowledge one [baptism](#) for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the [life](#) of the world to come. Amen.

## **Hail Mary**

Hail Mary, Full of Grace

The Lord is with Thee

Blessed art Thou Among Women

And Blessed is Thy Womb, Jesus

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death. Amern